
**Vincent Massey High School
Family Studies 20F
Course Outline
2014-2015**

Course Title: Family Studies 20F

School Year and Semester: 2014-2015 – Semesters 1 & 2

Teacher: Mrs. Allison Barnlund
barnlund.allison@bsdca

Course Description:

The intent of this course is to provide students with the knowledge and skills needed to create nurturing environments for children. The emphasis at this grade level begins at conception and continues throughout the preschool years.

General Learning Outcomes:

- Students will develop an awareness of how nurturing environments can be created to enhance development.
- Students will develop an increased understanding of how humans develop from conception through preschool.
- Students will acquire knowledge of needs theory and how this theory can be applied in meeting the needs of children, prenatally and postnatally.
- Students will gain experience in communicating with children in a parenting role.
- Students will become aware of factors affecting readiness for parenting.
- Students will experience personal, family, and workplace dynamics in a variety of real world settings.

Course Evaluation Structure:

- Assignments and Projects: 25%
- Preschool Practicum: 30%
- Unit Tests: 25%
- Final Exam: 20%

Course Final Standing

The final mark for term work within the respective categories, (tests, assignments, class activities, and practicum) will be cumulative.

Unit Descriptions

Unit 1: Interactions with Infants and Preschoolers

Approximate Instructional Time: 5 weeks

Learning Outcomes:

- Identification of care giving behaviours promoting healthy, nurturing environments.
- Acquisition of communication skills that enhance parenting relationships with children
- Knowledge of types of play and understanding how play enhances development
- Categorization of play activities and equipment according to infant and preschool stages of development
- Experience using various observation methods
- Acquisition of acceptable techniques for guiding children's behaviour
- Evaluation of various parenting styles and their influence on family dynamics and developing children

Evaluation:

- Assignments: Approximately 40 marks
- Project: Reading to Children 30 marks
- Test: 100 marks

Unit 2: Human Development: Prenatal

Approximate Instructional Time: 6 weeks

Learning Outcomes:

- Understanding of embryonic/fetal development, maternal changes during pregnancy, labour, and delivery
- Identification and evaluation of lifestyle factors that may affect maternal and fetal health
- Identification of complications that may arise during pregnancy, labour, and delivery
- Understanding of impact of pregnancy, labour, delivery, and postnatal care at different maternal stages
- Awareness of the importance of infant bonding on a child's development

Evaluation:

Assignments: Approximately 50 marks

Preschool Practicum: Observation / Contribution Booklets to be completed during the Vincent Massey Nursery School component: 100 marks

Nursery School Activity: 30 marks

Test: 100 marks

Unit Three: Needs of Infants and Preschool Children

Approximate Instructional Time: 4 weeks

Learning Outcomes:

- Understanding and examination of human needs theory and how it applies to infants and preschool children
- Knowledge of infant feeding choices and possible complications
- Recognition of the importance of nutritious foods and the establishment of healthy dietary habits early in life
- Identification of appropriate clothing for infants and preschoolers
- Knowledge of various theories of development and an understanding of the care each suggests

Evaluation:

Assignments: Approximately 30 marks

Projects:

Baby Think It Over **OR**

Financial Responsibilities of Parenting 100 marks

Preschool Practicum:

Observation / Contribution Booklets (continued) 100 marks

Nursery School Activity (continued)

Test: 100 marks

Unit 4: Family Planning and Parenting

Approximate Instructional Time: 2 weeks

Learning Outcomes:

- Identification and evaluation of caregiving / parenting options
- Outlining the responsibilities of caregivers providing child care to infants and preschoolers
- Awareness of circumstances that may lead to violence, and indicators of violence
- Awareness of the roles of service / care providers of reporting and intervening in cases of abuse and violence
- Awareness of factors affecting readiness for parenting
- Analysis of impact of choosing to parent or not to parent
- Evaluation of the role of abstinence in relationships
- Understanding of the issues involved in teen parenting
- Knowledge of the various ways of becoming a parent
- Description and explanation of the roles and responsibilities of parenting

Evaluation:

Assignments: Approximately 20 marks

Project: Teen Parenting 20 marks

Test: 100 marks

In accordance with the Brandon School Division Policy on student assessment, evaluation, and reporting, each course outline will contain clearly stated evaluation requirements.

In the implementation of these requirements, the following standard for the completion of assignments by students apply:

- *A zero grade is given* to unit assignments that are not submitted by the completion of the related unit's summative evaluation.
- Any extension for a student to the above standard will be considered by the administration only when requested by the teacher.